

SEBASTIAN'S

BUDGET FRIENDLY CATERING MENU

Our menu is designed to be delivered fresh and hot from our ovens to your office. Please know we will not provide any pick up service. You will be responsible for removing and disposing of all items at the conclusion of your event.

This menu is available during the business week, Monday through Friday. Please refer to our catering terms and conditions to review all policies, billing and pricing structure. Please note that prices are subject to change.

Before placing your order, please inform your server if a person in your party has a food allergy.

SALADS

Salads serve 10 people.

Fresh Garden Salad \$32
Crisp Romaine Lettuce with Shredded Carrots and Red Cabbage, Cherry Tomatoes, Cucumbers with Chef's Choice dressing

Caesar Salad \$27
Romaine Lettuce, Croutons & Parmesan Cheese with Creamy Caesar Dressing

White Bean, Tuna & Tomato Salad \$36.50
Albacore Tuna, White Beans, Diced Tomato & Fresh Basil

Fiesta Brown Rice Salad \$27
Steamed Brown Rice with Black Beans, Peppers & Onions served with Tortilla Chips

Chef's Grain Salad of the Day \$30
A selection of Grains with Vegetables & Seasonings

CHEF'S ENHANCEMENTS

Enhancements serve 10 people.

Chef's Vegetable Medley \$30

Brown Basmati Rice \$20

Primavera Pasta Salad \$17.50

Creamy Coleslaw \$15

Red Bliss Potato Salad \$17.50

Egg Noodles with Olive Oil & Parsley \$20

Add to the above items:

Grilled Chicken \$28

Tofu \$20

CHEF'S HOT ENTREES

Entrées serve 10 people. All served with Wheat Rolls & Butter. Delivered in foil pans.

Southwest Egg White Frittata \$50
Egg Whites baked with Salsa & Scallions served with Cheddar Cheese on the side

Brown Rice with Garbanzo Beans \$38
Brown Rice tossed with Sautéed Garbanzo Beans with Garlic & Tomatoes

Grilled Chicken & Mediterranean Relish \$56
Marinated Chicken topped with Tomato, Onions & Basil

Southwestern Black Bean Patty \$51
with Pico de Gallo

Boneless Chicken Cacciatore \$47
Chicken simmered in Marinara Sauce with Onions & Peppers

Multigrain Pasta Primavera \$46
Tossed with Olive Oil, Garlic, Broccoli & Red Peppers

Baked Macaroni & Cheese \$47.50
topped with Toasted Breadcrumbs

Vegetable Lasagna \$55
Noodles layered with Seasonal Vegetables & Béchamel Sauce

TREATS & SWEETS

Carrot Sticks with Ranch Dressing (serves 10) \$12.50

Sliced Cucumbers with Hummus Dip (serves 10) \$12.50

Tea Cookies (1 dozen) \$6

Mini Brownie Squares (1 dozen) \$4.50

Mini Lemon Squares (1 dozen) \$6

Mini Cup Cakes (1 dozen) \$12

NIBBLERS

\$13 per dozen

- Tiny Twist Pretzels
- Baked Lay's
- SmartFood Popcorn
- Assorted Granola Bars

BOX OF

JAVA-TO-GO \$15

Regular Coffee only, includes sweeteners & creamers (serves 10)

The Sebastian's Catering Team appreciates your business. If there is anything we can do to help you plan a menu that you might not see listed here, call us and we will be happy to help you plan your next catered event.

Please email your orders to: hsp_h_catering@harvard.edu