

Sebastian's/cafe

BUDGET FRIENDLY CATERING MENU

Our menu is designed to be delivered fresh and hot from our ovens to your office. Please know we will not provide any pick up service. You will be responsible for removing and disposing of all items at the conclusion of your event.

This menu is available during the business week, Monday through Friday. Please refer to our catering terms and conditions to review all policies, billing and pricing structure. Please note that prices are subject to change.

SALADS

Salads serve 10 people.



Fresh Garden Salad	\$44
Crisp Romaine Lettuce with Shredded Carrots and Red Cabbage, Cherry Tomatoes, Cucumbers with Chef's Choice dressing	
Caesar Salad	\$38
Romaine Lettuce, Croutons & Parmesan Cheese with Creamy Caesar Dressing	
White Bean, Tuna & Tomato Salad	\$46.50
Albacore Tuna, White Beans, Diced Tomato & Fresh Basil	
Fiesta Brown Rice Salad	\$38
Steamed Brown Rice with Black Beans, Peppers & Onions served with Tortilla Chips	
Chef's Grain Salad of the Day	\$37
A selection of Grains with Vegetables & Seasonings	

CHEF'S ENHANCEMENTS

Enhancements serve 10 people.



Chef's Vegetable Medley	\$37
Brown Basmati Rice	\$25
Primavera Pasta Salad	\$22.50
Creamy Coleslaw	\$18
Red Bliss Potato Salad	\$22.50
Egg Noodles with Olive Oil & Parsley	\$23

Add to the above items:

+ Grilled Chicken	\$38
+ Tofu	\$28

Before placing your order, please inform your server if a person in your party has a food allergy.

CHEF'S HOT ENTREES

Entrées serve 10 people.
All served with Wheat Rolls & Butter.



Southwest Egg White Frittata	\$58
Egg Whites baked with Salsa & Scallions served with Cheddar Cheese on the side	
Brown Rice with Garbanzo Beans	\$48
Brown Rice tossed with Sautéed Garbanzo Beans with Garlic & Tomatoes	
Grilled Chicken & Mediterranean Relish	\$66
Marinated Chicken topped with Tomato, Onions & Basil	
Southwestern Black Bean Patty	\$61
with Pico de Gallo	
Boneless Chicken Cacciatore	\$57
Chicken simmered in Marinara Sauce with Onions & Peppers	
Multigrain Pasta Primavera	\$55
Tossed with Olive Oil, Garlic, Broccoli & Red Peppers	
Baked Macaroni & Cheese	\$55.50
topped with Toasted Breadcrumbs	
Vegetable Lasagna	\$63
Noodles layered with Seasonal Vegetables & Béchamel Sauce	

TREATS & SWEETS



Carrot Sticks with Ranch Dressing (serves 10)	\$15
Sliced Cucumbers with Hummus Dip (serves 10)	\$15
Mini Brownie Squares (1 dozen)	\$5.50
Mini Lemon Squares (1 dozen)	\$6.75

NIBBLERS

\$16 per dozen

- Tiny Twist Pretzels
- Baked Lay's
- SmartFood Popcorn
- Assorted Granola Bars

BOX OF JAVA-TO-GO \$17

Regular Coffee only, includes sweeteners & creamers (serves 10)

The Sebastian's Catering Team appreciates your business. If there is anything we can do to help you plan a menu that you might not see listed here, call us (617-432-4624) and we will be happy to help you plan your next catered event.

Please email your orders to: hsph_catering@harvard.edu