



Before placing your order, please inform your server if a person in your party has a food allergy.

Within this menu listing, items marked with an * are served raw or undercooked, or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Sebastian's/catering

hsph_catering@harvard.edu Office: 617-432-4624

Fax: 617-432-0318

INDIVIDUALLY PACKAGED MENU

All items come pre-packaged per guest for easy service and clean up. Items are displayed in compostable box. All prices are per person, minimum of 10 guests unless otherwise noted.

All orders require a minimum 3 day business notice. Please note substitutions may occur based on availability and will be communicated to you prior to your event.

BREAKFAST

Breakfast menus include Peet's Regular and Decaffeinated Coffee, Mighty Leaf Teas, and bottled juices.

Continental Breakfast

7.50

A Selection of Breakfast Pastries, Jam and Butter; Chef's Daily Selection of Croissants, Scones, Muffins, or Coffee Cake

+ Add Fruit Salad for 3.75 pp

Healthy Start Continental Breakfast 14.50

Greek Yogurt, House-Made Granola and Seasonal Fruit Parfaits, Fresh Fruit Salad, Assorted Tea Breads and Chilled Hard-Boiled Eggs, Salt & Pepper, Assorted Juices

MORNING SNACKS ALA CARTE

Mini Fruit Cups	3.25
Assorted Bars	2.50
Mini Parfaits	3.50
Assorted Danishes and Scones	2.50-3.00
Seasonal Coffee Cakes	2.95



LUNCH & DINNER

ARTISAN SANDWICHES

Our Sandwiches are served boxed with potato chips, whole fruit, signature cookies or brownies, and assorted beverages. Sandwiches can be made on gluten-free bread for an additional .50 per person. Include Chef's Choice side salad for an additional \$2.25.

Classic Sandwiches 16.75 each Served on assorted rolls with lettuce and tomato

- · Turkey and Cheese
- · Ham and Swiss
- Classic Chicken Salad
- · Classic Tuna Salad
- · Roasted Vegetable and Hummus Wrap

Signature Sandwiches	17.25 each	Mediterranean Salad	18.50
 Served on assorted specialty brea Turkey Club, Lettuce, Tomato and Roast Beef with Baby Arugula, Care Cheese 	Bacon	Artichokes and Roasted Pepper, Kalamata (Cucumbers, Tomatoes, Feta Cheese over M Balsamic Vinaigrette + Grilled Chicken or Tofu	
 Pesto Chicken and Tomato Ham and Brie with Caramelized Ap Stone-Ground Mustard Mediterranean Tuna Vine Ripe Tomato, Mozzarella, and 		Roasted Balsamic Glazed Salmon or Tofu Served Over Mixed Greens with Shredded Broccoli & Carrot Slaw Vinai Brown Rice Salad	18.50
ENTRÉE SALADS			
Our salads are served in boxes w Pita Bread, Signature Cookies or Cold Beverages.		BREAKS	
Traditional Garden Salad	16.25	Deluxe Trail Mix Dried Fruit, Mixed Nuts,	5.25
Mixed Greens, Tomatoes, English Cuc Carrots, Lemon Shallot Vinaigrette	umbers, Shredded	and Dark Chocolate Chips	
+ Grilled Chicken or Tofu		Sweet and Salty Assorted Bags of Chips and Pretzels, Moody Bars, Assorted Soft Drinks	6.50
Kale Caesar Salad	18.25	Moody Burs, Assorted ook Brillins	
Romaine Lettuce and Chopped Kale, Cherry Tomatoes, Herbed Croutons, Parmesan Cheese, Classic Caesar Dre + Grilled Chicken or Tofu	ssing	ALA CARTE BREAK ITEMS	
		Individual Trail Mix	2.75
Asian	17.50	Nature Valley Granola Bar	2.00
Baby Spinach and Romaine, Oranges,	Slivered Almonds,	Assorted Kind Bars Whole Fruit	2.50 1.50
Edamame, Green Onions, Wonton Str	rips, Lemon Tahini	Assorted Salty Snacks	2.00
Vinaigrette + Marinated Chicken or Tofu		(Chips, Pretzels, Popcorn)	2.00
Southwestern Chopped Salad	18.25		
Mixed Greens, Roasted Corn & Black Cotija Cheese, Tomatoes, Sliced Avoca	Bean Salad,	ALA CARTE BEVERAGES	
Chipotle Ranch Dressing	,	Freshly Brewed Pete's Coffee	
+ Grilled Chicken or Tofu		(regular & decaf), Mighty Leaf Teas and Accompaniments	3.00
		Sparkling Still and Spring	2.25
		Assorted Juices	2.25
		Assorted Soda	1.95

RECEPTIONS

Traditional Cheeses

A selection of Local Cheeses and Imported Cheeses Served with Grapes & Strawberries, Sliced Baguettes and Crackers

6.75

8.75

10.25

Crudité Cup 4.50

Sliced Cucumber, Carrot Sticks, and Cherry Tomato Skewer Served with Hummus

Mediterranean Display

- Hummus, Tabbouleh, Marinated Olives
- · Sliced Cucumber, Roasted Artichokes
- Cherry Tomatoes, Pita Wedges

Vegetarian Antipasto Display

- Roasted Mushrooms
- Artichoke Hearts, Roasted Peppers,
- · Marinated Olives, Fresh Mozzarella,
- Tomatoes & Grilled Eggplant served over Field Greens
- · Balsamic Reduction, served with Focaccia

+ Add Sliced Prosciutto 3.50 pp

Chef's Choice Hors D'oeuvres Platter

Selection of four delicious bites, served cold and individually packaged

Seafood Box Market Price

- · Fresh Lobster Profiterole
- · Smoked Salmon Canape
- · Crab Cake with Lemon Aioli
- · Classic Shrimp Cocktail

Vegan Box 10.25

- Fresh Vegetable Spring roll with Sweet Chili Sauce
- Vegan Canape Phyllo Star with Pine nuts
- · Mini Mushroom Quiche
- Tofu Satay

Gluten and Dairy Free Box

10.50

- Fresh Melon wrapped with Serrano Ham
- · Asian Chicken Satay
- · Bacon Wrapped Date with Chorizo
- Soy Ginger Beef Satay

Sebastian's Signature Box

10.75

- · Quinoa and Zucchini Fritter
- · Fire Roasted Empanada with Salsa
- · Sesame Chicken Skewer with Sweet Chili Sauce
- Grilled Shrimp with Mango Chutney

Mini Upscale Dessert Box

9.75

- · Chef's Choice of Two Mini Pastries
- · Dark Chocolate Dipped Strawberry
- · Grape Cluster



